

# Dance Clinic

## Friday, Jan. 18

### Grades 1-8

Registration Fee:  
\$45—includes t-shirt,  
hair accessory and pizza  
Pre-register by Jan. 9

Sponsored by the nationally-ranked  
LFHS Dance Team



## Highlights

- registration - 3:45-4 pm
- Learn routine - 4-5:30 pm
- Dinner - 5:30-6:00 pm
- Practice routine - 6:00-6:45
- Get ready—6:45-7:15 pm
- Game starts—7:30 pm;  
perform at half-time  
(approximately 8 pm)

Join us at the East Campus  
Student Dining Room on Friday,  
January 18, from 4-8 pm to  
learn a dance/pom routine that  
you will perform at half-time of  
the Boys' Varsity Basketball  
Game.

Detach and mail this registration form and entry fee  
(make checks payable to LFHS) to  
Lake Forest High School; Athletic Department;  
Attn Ms Char Ash; 1285 N. McKinley Rd.  
Lake Forest, IL 60045

Waiver:

Participant's Name

Has my permission to participate in this dance clinic.

Participant's Name

Address

Phone

School

Grade

Parent or Guardian Signature

Please include your e-mail address so that an acknowledgement of your  
registration and additional instructions can be sent to you via e-mail.  
Please write clearly.

E-mail address:

Please circle shirt size: Youth S 6-8; Youth M 10-12; Youth L 14-16;  
Adult S 34-36; Adult M 38-40; Adult L 42-44